



青中星星狀元專訪

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相信大家平時剛考完試，也常遇過預估的分數和自己最終得到的分數經常會有出入，或好或壞，我們這一次文憑試(DSE)考試的兩位星星狀元同樣也預估過自己的成績，而最終的答案又如何？今期，我們專訪在2023 香港中學文憑試取得彪炳成績的兩位青中狀元 ---- 王恩同學及森美同學。

兩位學長均是來自2022-2023學年的6IL班，前者取得六科5**及一科5，7科合共47分；後者則取得三科5**，兩科5*及一科5，並在英國普通教育文憑高級程度考試(GCE A level)中文科取得A*，表現卓越，創下本校歷屆文憑試最佳成績。

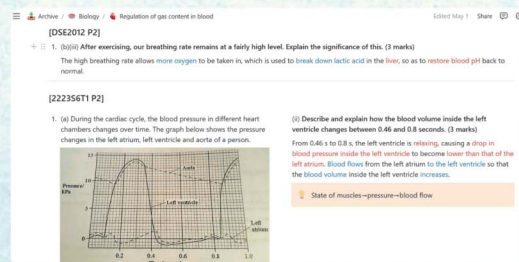


從成績單回望過去

王恩學姐和森美學長在收到成績單之前，通過校長的宣佈知曉了自己的成績，在感到愕然的同時，也十分驚喜，因為同學們的歡呼和鼓掌都讓他們受寵若驚，他們的成績都比他們預想中的要好。談起中六備戰文憑試時，他們均不約而同地透露過自己曾對一些科目感到茫然失措。不分擅長的科目或是不擅長的科目，他們或是犯一些不該犯的錯誤，或是突然的退步，或是對該科的不自信等等，而王恩學姐甚至害怕自己不能考上大學，去做其他的幾手準備，包括報了大專院校副學士等課程。幸好一切也在他們不斷練習，沒放棄的情況下，一瞬間便跨過了最難熬的時刻。

溫習心得

別人常說：「成功須苦幹，溫習必有方」，兩位星星狀元學長在溫習時是否有「獨門秘方」？王恩學姐會喜歡一個人專注溫習，她會自己做筆記，並按主題做歷屆試題。她會用電腦製作錯題簿，將自己答案錯漏的地方用不同顏色筆標示，方便複習。而平日主要靠多做練習題，尤其在文憑試前，覺得自己在中文及英文科分數浮動大的話，她會不斷做練習。



王恩的<<錯題溫習簿>>電子本

至於森美師兄同樣地主要靠多練，不過他會要求自己限時答題，尤其在英文寫作方面，並且會多練寫一些熱門主題的文章。而王恩師姐在溫習出現沉悶的狀況時，她會選擇轉溫其他科，讓自己頭腦可轉換其他溫習方式。

從小的志向與選科

談到揀選大學學科，森美學長從小到大都喜歡用電腦程式來設計、製作電子遊戲，所以他的目標很清晰，就是想修讀計算機工程學，想當程序員，他選擇了中文大學計算機科學與工程。至於王恩學姐，她說她不像森美學長那樣從小便肯定自己想發展的學科，她曾經想過以後要做醫護、教育等工作，但是不知道自己特別想要從事哪一種職業，所以在中六也轉變過不同想法，但很慶幸她的家人在當中為她蒐集了很多資料，並介紹從事相關工作的人與她認識及講解，最後她的第一選擇是香港大學言語及語言病理學，畢業後可做言語治療師。

給師弟妹的寄語

所謂「英雄莫問出處」，王恩學姐認為出身在哪裏並不重要，就算身在別人不認識的天水圍區，只要努力，大家同樣可實現夢想，闖出一片天。她感恩學校對自己的栽培，無論在學業上、個人成長上的支援，均讓她得到發展。而森美師兄則希望各位師弟妹努力，善用時間，不要等，要自己抓緊機會。



友共情

朋友眼中的王恩

梁凱宜同學眼中的王恩是十分勤奮的，人前人後都非常努力，但是她也並非生活只有學習，即使與她談論非學術的東西，她也很樂意留下與人交談，且這也不會影響她在學術方面的時間安排。凱宜同學與王恩同學時常放學一起乘坐輕鐵回家，過程中交流的話題看似不符合學霸人設會涉及的範疇，她仍舊耐心聆聽，所以凱宜稱王恩是一個尊重身邊人，願意聆聽的人。



凱宜同學道出最欣賞王恩的地方就是她善於分配時間，因為她初中時候參加了牧童笛隊及乒乓球校隊，那個時候的她已經是成績非常卓越，課上也不會有許多不明白的問題，這便說明她課前預習部分做的非常到位。她曾記得王恩有一段時間不在學校，但是她的學習進度依然沒有落後，仍舊穩扎穩打，因此她眼中的王恩勤奮品質尤為可貴。她們從中一相識到中六畢業，友誼牢固，狀元並非眼中只有學習，對待友誼也是能夠全心全意，成功大抵歸功於其勤奮的特質——「業精於勤」。

朋友眼中的森美

相信不少同學對學霸都有著一個刻板印象，那就是「兩耳不聞窗外事，一心只讀聖賢書」，但通過我們對森美師兄的好友的採訪，我們發現這位學霸師兄有著不一樣的一面。

森美師兄是一個好學的人，沒錯，即使他原本的成績已經非常卓越了，但他還是會獨自啃完整本物理參考書、會在每天的午休時間在教室裡做數學習題。可如果你們覺得師兄是一個只會「死讀書」的人那可真是大錯特錯了，他平時除了學習之外，還會有自己的興趣愛好，比如看看電影、閱讀課外書，甚至還會玩玩電子遊戲等等。由此可見，森美師兄其實是一個懂得如何平衡學習與生活的人，在吸取課本知識的同時，更會透過不同媒體來豐富、發掘自己的人生。

除此之外，師兄還是一個樂於助人且細心的人，他會在身邊的同學有需要時伸出援手。不管是在英文、物理、還是IT上，他的好友都向他求教過，每一次森美師兄都會毫不藏私、傾囊相授，將自己知道的知識分享給身邊的朋友，連老師都不禁稱讚他為一名合格的「小老師」。

而看似如此完美的師兄在社交場合上就顯得不是那麼意氣風發了，經過多年的相處，好友發現了他不為人知的一面，那就是——「社恐」。森美師兄其實在遇到陌生人的時候會馬上膽怯地躲到人群後面，使他的好友忍俊不禁。但就是這樣的師兄，有自己游刃有餘的方面，也有自己不擅長的方面，才形成一個完完整整、有血有肉的他，是好友欣賞喜愛的人、我們認識的人、可愛的人。



森美的好友：徐天樂、關浩年、劉晉熙

後記

父母疼愛子女，是一種無私、深厚而永恒的感情。這種愛包含著一種期許，一種希望，願子女有美好的前程。究竟放榜一刻，兩位青中星星狀元的爸媽又有甚麼反應？

王恩

不少同學也將成績單拍照傳送給在食物部等候的父母，我卻沒留意，沒這樣做，讓媽媽有點焦急，現在回想，感到對媽媽有點不好意思。

森美

我傳送成績單照片給正在海外工作的爸爸，他非常簡潔地回覆了我一句：「WELL DONE！」

Future Pilot Programme 2023

UNFORGETTABLE PILOT TRAINING EXPERIENCE

6TS Leung Yat On

Since my earliest days, aviation has been a source of endless fascination for me. The thought of defying gravity and exploring the vast skies have always ignited my imagination and fueled my dream of becoming a pilot. This summer, I had the incredible opportunity to take part in a 14-day pilot training program at UNSW Aviation in Australia, and I want to express my deepest appreciation for the chance to embark on this amazing adventure.

The journey began with a flight on the sleek and reliable DA40 aircraft. As I took hold of the controls, I could feel the raw power and limitless potential of the machine coursing through my fingertips, filling me with an adrenaline that words cannot describe. Beyond the technical aspects of flying, the course instilled in me a profound sense of responsibility, an indescribable thrill of taking command, and a deep connection with the aircraft itself.



Inside the cockpit, I encountered a complex maze of purposeful dials and controls. The DA40's state-of-the-art features, such as the Garmin G1000 NXi avionics suite, standby instruments, and airbag system, all contributed to its exceptional safety and efficiency. Mastering these features proved to be both challenging and incredibly rewarding.

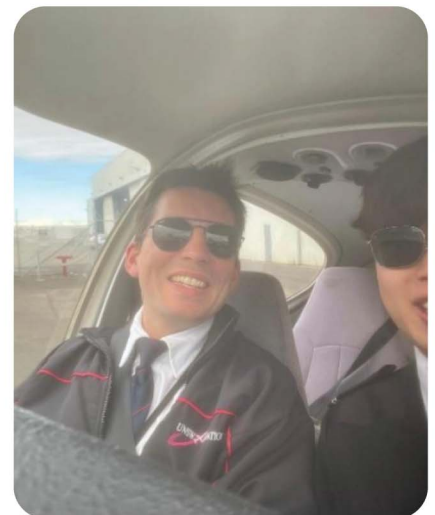
One of the most unforgettable moments was our visit to the Temora Aviation Museum, where I stood in awe of the rich tapestry of aviation history, from its earliest beginnings to the marvels of modern jets. Witnessing the remarkable evolution of aviation technology firsthand was truly awe-inspiring.

While the program demanded intense dedication, there were also moments of respite and enjoyment. Exploring Sydney's iconic landmarks, such as the vibrant Darling Harbour, the enchanting Tobruk Sydney, the captivating Symbio Park, and the renowned Taronga Zoo, provided a refreshing balance to our rigorous training schedule.

Without a doubt, the flight simulator sessions stood out as the highlight of the program. Stepping into the virtual cockpit of a Boeing 737 and a DA-40 Frasca simulator, I immersed myself in an incredibly realistic simulation that closely mirrored the experience of piloting an actual aircraft. This hands-on and captivating learning experience has left an indelible mark on my journey.

By a stroke of luck, my birthday coincided with the program on 27th July. Surrounded by newfound friends and supportive instructors, we celebrated together, creating cherishing memories that will forever hold a special place in my heart. The camaraderie we developed was undeniably one of the most rewarding aspects of the entire experience.

The ultimate culmination of our training came in the form of a rigorous final examination, which I proudly conquered. This achievement stands as a testament not only to the meticulously crafted curriculum of the program but also to the unwavering guidance and expertise of our dedicated instructors.



Beyond being a simple course, the 14-day program was an adventure in the truest sense of the word. Living my long-held dream, forging deep connections, exploring the vibrant city of Sydney, and absorbing wisdom from seasoned mentors were all integral parts of this extraordinary and transformative journey.

Looking back, I am filled with an overwhelming sense of accomplishment that fuels my determination to continue pursuing my path as a pilot. I am immensely grateful for the incredible opportunity I was given to participate in this program. I would like to extend my heartfelt appreciation to all those who made this experience possible.

The Future Pilot Programme 2023 has been a life-altering odyssey, propelling me closer to the realization of my aspirations. As I gaze into the horizon, a blend of gratitude and anticipation stirs within me, propelling me forward to embrace the challenges that lie ahead on my soaring trajectory in the skies.

I now stand one step closer to my lifelong ambition of becoming a pilot, I owe my profound gratitude to the experiences and invaluable lessons I gained through this program. With unwavering confidence, I eagerly embrace the boundless expanse of the great blue yonder, where the sky is not a limit but a place I proudly call home.



6CY Ho Hin Chi Hymns



For the past 17 years, I have joined various activities. Every experience I have gained in those activities, of course, have changed my life but they were only minor changes. I have never thought joining this programme would have changed my life so much so that it even inspires my thoughts of career planning.

In the two-week flight training, we had lectures about different topics of aviation most of the time. During the lectures, I've got to learn numerous things that I would never know by surfing the Internet such as the use of the circular E6-B flight computer in navigation, and learning about the DA40 system to make a flight plan. Though the lectures are pretty hard for me, especially aerodynamics, as I have never heard of some of the theories. But by doing more research on those theories, I gained more knowledge and interest in aviation.

Besides lectures, we also got to fly a DA40 for training. For my first flight, I was very nervous because I always thought that controlling a plane is something that is really serious and it would be really hard to fly one. However, after I sat on the plane and followed the instructions that my instructor gave me, I slowly gained back my confidence and found out that flying a plane was not as hard as I expected. On my later flight, I tried steep turns, stalling and circuits. This experience has changed my thoughts of my future career. Before hopping on the plane I still had not made up my mind about the future. But this programme made me consider becoming a pilot. The feeling of flying on a plane is really amazing and the view from the plane to the ground is unforgettable to me.



On day 11, we had a cross-country flight from Bankstown Airport to Temora Aerodrome and visited the Temora Aviation Museum. In this flight I was lucky to ride on a Cessna R182 Skylane R instead of DA40 because during the flight I found the differences between these two planes. After we arrived we visited the museum, where we saw a collection of Australia's historic ex-military aircraft in World War II.

On Day 13, I tried the Boeing simulator, it was a very different experience from the DA40 because I had to communicate with my teammate to control the flaps and the landing gear while I was taking-off and landing. Through the experience of piloting the Boeing simulator I learnt the importance of cooperating with people as without my teammate, I would not be able to handle that many flight instruments on a plane and finish my take-off and landing that smoothly.

All in all, I have learnt not only more knowledge about aviation but also the trip has changed my mind on different aspects. Before joining this programme, I had never realized how important cooperating with others in the aviation industry was and how little I knew about aviation. This programme has boosted my interest in exploring more about aviation and I'm considering becoming a pilot in the future. Also I would like to encourage my schoolmates to join this programme in the coming years as the programme really inspired me a lot.

「北大港澳台高中生領航計劃線下營體驗有感」

6CT 林佩儀

因為疫情的緣故，「北大港澳台高中生領航計劃」線下營體驗計劃從2022年暑期，推遲到今年七月份才舉行。香港正值夏日炎炎之時，對我來說，七月份的北京之行更「如火如荼」。

這次交流計劃中，我們去看了北京大學的「未名湖」和「博雅塔」，看到許多穿著畢業袍的北大畢業生，他們在校園的每個角落拍照留念，我們穿梭在攝像頭照不到的地方。我們走在綠草坪中央的小徑上，討論是北大的校園大還是中大的校園大。我們坐在北大的課室裡聽北大教授接近三小時的教課，體驗北大社團的攀岩活動，我們小心翼翼地走入北大安靜的圖書館，在北大的校史館轉來轉去。我們還在北大的音樂節裡放肆狂歡，汗水滑入綠草坪，少年少女的熱情被閃爍的燈光而點燃，那個夜晚就像一個載歌載舞的歡樂場，我至今留戀不捨。

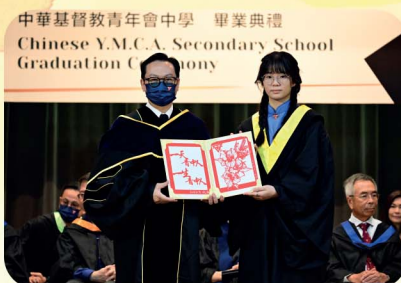


第一次一個人去北京，在那裡認識了可靠的學長學姐們，為了考健美操總是缺席的組長們，互相「報團取暖」獨立自主的組員們。大家和諧，幽默，溫暖，走在一起、笑在一處，我們大談理想與未來。我認識了來自澳門和香港其他學校的朋友，我意識到我遇到的人，他們的人生擁有不同的彩色，與這廣大的世界一樣繽紛而燦爛。

在燥熱的北京夏天裡，我的名字曾鮮活地跳躍在那裡。我曾經出現在那裡，出現在她們口中。我至今記得，我們當時已經在頤和園裡走了很久。坐船時，她們遞給我一支「老冰棍」，抱怨我一個人走得太快，隨即坐在我身邊；我們在傍晚的中央電視台底下合照，笑著說每個人都要入鏡；我們在北京大學的校園裡奔走，一群人談笑風生說要「擺爛」，結果第一個完成遊戲；我們在音樂節上蹦蹦跳跳大聲尖叫，唱著不成調的歌兒；我們在最後一個晚上聊天聊了三個小時，還不覺得疲憊；我們玩「拍七」玩了五天，我也輸了五天。最後，在北京首都機場，我們輪流祝福和擁抱，我和我的舍友相互陪伴了一個小時。揮手說再見時，我們還約定回港再見，未來在同一所大學再見，我們還會再見……

這次北京之行對十八歲的我意義非凡，我隻身一人踏出了前往北京的這一步，彷彿是雛鳥長成將要高飛的那一步，我在飛翔時感受無垠的藍，感受和煦的光。儘管飛機落地了，這段回憶對我來說依然珍貴。我們去過的地方，走過的那一段路，遇到的每一個人，都是累積的閱歷和經驗，佐助於我們的理想與未來。勇敢的首次試飛縱然艱難，但是首飛後的感覺一定與眾不同，一定讓人感到自豪且激動。最後，「讀萬卷書不如行萬里路」這句話是我寄予這段旅程最好的注解。我十分感激學校和活動舉辦方提供的機會，使我能夠親身認識外面的世界，這次北京之行十分盡興！

03/06 畢業禮



10/07 結業禮



10/10-13/10 中一先鋒訓練計劃



17/10-20/10 西安文化考察暨姊妹學校交流團

